

Hub has made us agents of change

My name is Lumbili Yusufu. I'm 22-years-old, married and have a child. I come from Tsoyo in the area of Traditional Authority Tambala in Dedza district. I am a member of Tsoyo Health Centre's Tiyanjane Hub, which I joined in 2021.

I joined the hub because of the activities and lectures offered by Manerela+ in partnership with Tsoyo Health Centre. We learnt a lot about our daily lives and contemporary problems. For instance, I didn't know that if your loved one is expecting and is ready to begin the pregnancy experience scale, you should accompany her.

Secondly, I had the good fortune to learn more about gender-based violence and how to address it, such as by reporting it to the authorities.

This has aided me in my efforts to reach out to my fellow youth in the community and explain to them the problems with GBV and HIV, how they affect our daily lives and how we can deal with them. I can state without fear of contradiction that many seem to be following, and others have begun to change their habits, such as cutting back on alcohol use and focusing more on their families. I managed to persuade a close friend who was in denial to get tested. He is currently on antiretroviral therapy (ART), and I usually go with him to the hospital to learn more about HIV.

Even though we are still deciding what sort of business to embark on, Manerela+ has provided us with business advice.