

Business mentorship has pushed us forward

My name is Sosten Banda. I'm 24 years old, married and a father of a young child. I come from Mayani in the area of Traditional Authority Tambala in Dedza. I joined Tikondane Hub under Mayani Health Centre in 2021.

Since I joined the hub, I've been attending Manerela+-sponsored sessions where I've learnt the benefits of following prescriptions, which has resulted in my good health. The sessions have also made me understand that by using the Pregnancy Experience Scale early, we may assist our loved ones safeguard unborn children from HIV if they are pregnant.

Further, Tikondane Hub has assisted me in developing my entrepreneurial skills. I received some practical advice about the growth of my business such as improving customer service, creating business partnerships and focusing on reliable sources of income.

Following these mentorship meetings, Manerela+ gave us loans to enable start small enterprises. Thanks to this, I started rearing animals and I have an acre of land on which I grow tomatoes and other crops using a simple irrigation system.

Our hope is that Manerela+ engages us more often so that we can combat stigma and discrimination in society.